Counseling Services

Many students seek counseling to help with the big and little concerns they may have adjusting to college, roommates, relationships, and more.

The Counseling Center can support you if you are experiencing depression, loneliness, anxiety or stress in your academic, personal, or social life while you are a student.

In counseling, you may talk about your concerns in a confidential setting. Counselors will listen to you and help you find ways to meet your life goals.

For more information visit:

http://www.clcillinois.edu/student-services/additional-services/caps

or call 847.543.2032