



SOUTHLAKE SPRING 2021 CREDIT COURSES

Karina Cromack,
massage therapy student

CHANGING *lives.*

SOUTHLAKE OPPORTUNITIES

- Spring classes begin Jan. 19
- Registration now open

INSIDE:

- Massage Therapy offers many options
- 100 percent pass rate by Nurse Assisting students

CHOOSE FLEXIBLE COURSES RIGHT FOR YOU

There's no secret sauce for success when you're a student. You know how you learn best. Even in uncertain times, have confidence that CLC has your back with classes to fit your needs.



ONLINE LIVE VIA ZOOM – most classes in-person before COVID are now taught online live in a secure Zoom classroom at scheduled meeting times



ONLINE ANYTIME – complete coursework online on your own time while meeting deadlines and staying actively engaged in your learning when it's convenient for you



FLEX PATH – combine online learning and in-person instruction to deliver the core courses you need through smart scheduling



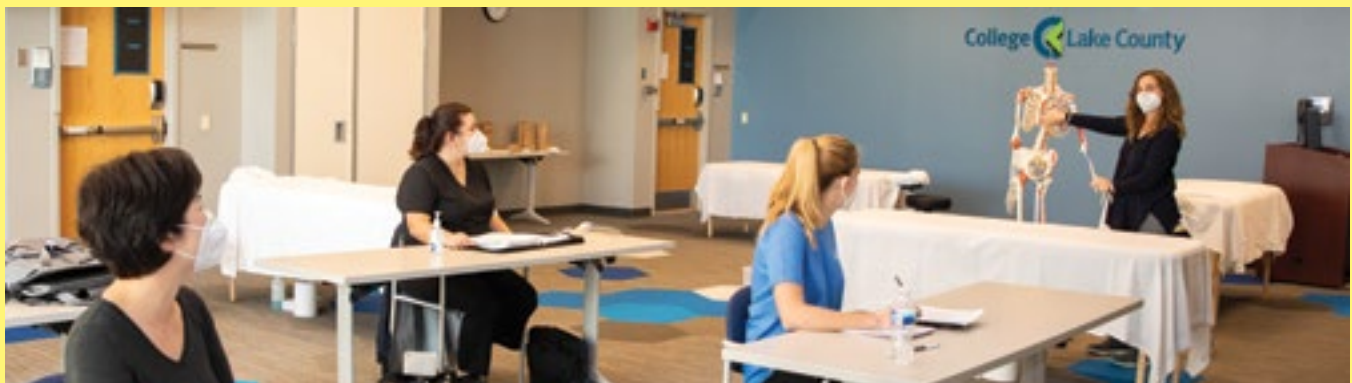
BLENDED – blend of online anytime learning with in-person or online live via Zoom meetings to give you both flexibility and structure



IN-PERSON GENERAL EDUCATION – if you learn best in-person, keep your degree on track with classes that meet face-to-face while adhering to social distancing measures



CLASSES WITH IN-PERSON LABS – classes requiring hands-on and laboratory work meet in-person while following social distancing protocol



MASSAGE THERAPY, ONE CAREER WITH MANY OPTIONS

Students who enroll in CLC's massage therapy program hail from all types of backgrounds and levels of fitness. Karina Cromack's path began freshman year of high school when she joined Civil Air Patrol.

"You had to pass certain physical fitness tests. I worked really hard just to pass that test and then I was really motivated to help other people reach that goal."

Helping others get fit turned into a passion so it made sense Cromack pursued fitness when she graduated from high school. After getting her personal trainer certification, she was drawn to the massage therapy program at CLC's Southlake Campus and enrolled this past August.

"Each student's path is very unique," says Dr. Joana Pabedinskas, department chair for health and wellness promotion, kinesiology and massage therapy at CLC. "There are so many different opportunities within the field of massage therapy. Through our program students will learn the knowledge, skills and abilities to become a licensed massage therapist. They are taught a variety of hands-on techniques they can use throughout their career."



"Of the many modalities we've learned, I'm most interested in sports massage. Working with athletes to combine personal training with massage would be really cool."

– Karina Cromack, Libertyville resident

Successful completion of three prerequisite courses plus two semesters in the CLC massage therapy program prepares students to complete the federal licensing exam (MBLEx) on which they maintain a high pass rate. While that is indeed the goal, the program focuses on more than just the exam pass rate.

"We're a hidden gem," Pabedinskas said. "We really stress to students you're not just a massage student,

you're a CLC student. You have all the resources of the college. Plus, our massage certificate feeds directly into our associate in applied science in health and wellness promotion."

Visit www.clcillinois.edu/programs/mas for information about our massage therapy program.

COVID CHALLENGES CAN'T DETER NURSE ASSISTING PROGRAM

The college's nurse assisting program is no stranger to creating a qualified workforce with historical passing rates of the certification exam in the 90th percentile. However, that is usually accomplished without a sudden shutdown of all in-person learning, which is what happened in March during the pandemic.

"We all supported each other and I was able to relay my support to the faculty. I did what I could for my teammates so they could be better instructors and I think they really felt it," said Ruth Belec-Olander, Nurse Assisting department chair and instructor.

The result: 100 percent of students who took the certification exam in August passed and became certified nurse assistants (CNAs).

At first glance it may seem like an unexpected result. After all, both students and faculty faced an unprecedented challenge in completing the program. Belec-Olander believes that's exactly the reason students did so well.

"Students became more responsible for their own learning," she said. "We also invested in more support than ever before. We were able to build a stronger community with students so they felt they were more than just a number."



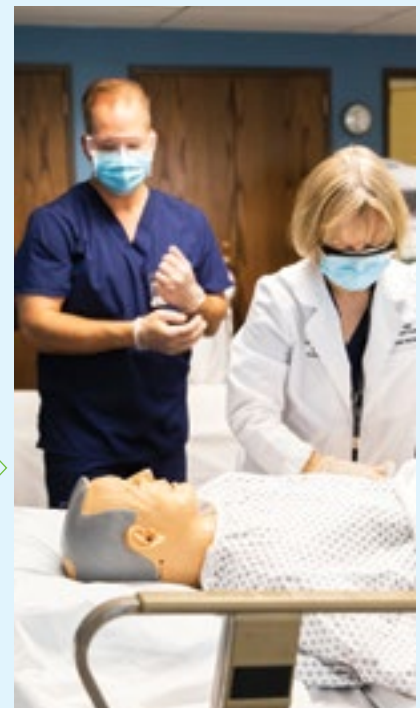
Kaleigh Jakob, who is from Vernon Hills, practices patient nail care.

With the Spring 2020 graduates now working in the field, Belec-Olander and her department were ready for the fall and beyond. Keeping the program going is not just about their jobs nor their students, but about supporting the needs of the Lake County community.

“The college’s program continues to persevere so there can be a continual flow of new healthcare workers. We need them out there working in the field for the greater good.”

*– Ruth Belec-Olander,
Nurse Assisting Instructor*

Visit www.clcillinois.edu/programs/nur/options/na for more information.



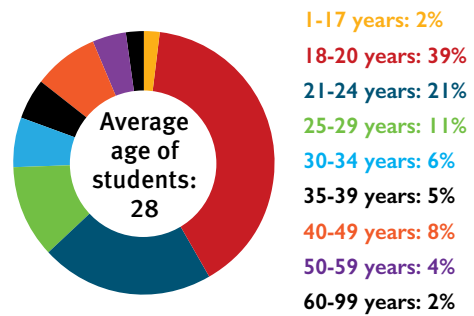
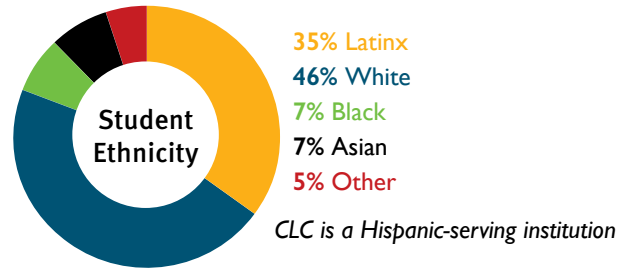
Instructor Ruth Belec-Olander demonstrates proper patient care to Greg Jenkinson, Nurse Assisting student and Libertyville resident.

THIS IS CLC

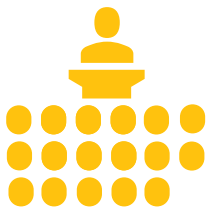
ACCESS & SUCCESS FOR STUDENTS



EQUITY & INCLUSION



TEACHING & LEARNING EXCELLENCE



Guaranteed Transfer Admission to 30+ colleges and universities

COMMUNITY & WORKFORCE PARTNERSHIPS



538 advisory members representing 266 businesses and institutions

40,000+
community members served annually

COLLABORATIVE CULTURE

CLC rates 15th
FORBES 100 BEST ILLINOIS EMPLOYERS



STRATEGIC USE OF RESOURCES

\$1.5 million
SCHOLARSHIP DOLLARS AWARDED

\$3.2+ million
GRANT
MONEY RECEIVED

DEDICATED TO OUR COMMUNITY

College of Lake County is committed to providing a path for students to dream, learn and ultimately change their lives for the better. Even during a pandemic, the college will not waver from that mission.

Classes will continue. Futures will be made bright. The citizens of Lake County will have access to education, an environment of acceptance and supportive faculty. Adult students of any age are welcomed at CLC. A variety of scholarships are available. Unsure if you qualify? Just ask!

Staff is standing by at the Southlake Campus and Student Support Center to answer questions, assist with applying, registering, and exploring financial aid as well as offering career counseling. Call the Center at (847) 543-6502 for assistance.



SOUTHLAKE CAMPUS

1120 S. Milwaukee Ave., Vernon Hills, IL 60061
(847) 543-6501

www.clcillinois.edu/southlake

Online schedule has the most current information: www.clcillinois.edu/classes

In providing educational programs and opportunities, the College of Lake County is committed to maintaining an environment free from harassment and discrimination and will not discriminate on the basis of race, color, age, sex, national origin, physical or mental disability, religion, sexual orientation, gender identity or expression, marital status, military status, political affiliation, ancestry, citizenship, pregnancy, or any other status as protected by law. Inquiries regarding the College's non-discrimination policy and related procedures may be directed to: Allena Barbato, Title IX Coordinator, Room B105b, 19351 W. Washington St. Grayslake, IL 60030, (847) 543-2464.