Physical Education

Associate in Arts
Plan 13AB
Biological and Health Sciences Division, Room B213, (847) 543-2042

I. College Requirements^

II. General Education Requirements 37

A. Communication Arts.....9
CMM 121 Fundamentals of Speech.....3
⊗ ENG 121 English Composition I 3
⊗ ENG 122 English Composition II ***or***
⊗ ENG 126 Advanced Composition: Scientific and Technical Communications 3

B. Social Sciences 9
Recommended Course:
PSY 121 Introduction to Psychology.....3
Social Science Electives* 6

C. Physical and Life Sciences.....7
Physical or Life Science Elective with Lab 4
Physical or Life Science Elective without Lab* 3

D. Mathematics 3
MTH 140 Contemporary Mathematics ***or***
MTH 141 Quantitative Literacy ***or***
MTH 142 General Education Statistics 3

E. Humanities and Fine Arts 9
Humanities Elective* 3
Fine Arts Elective* 3
Humanities or Fine Arts Elective* 3

III. International/Multicultural Requirement (I/M)
Select one course from the I/M list on page 55. This course can fulfill both the I/M requirement and a Social Science, Humanities, Fine Arts or Elective requirement. A B.A. degree at many four-year colleges may require college-level foreign language.

IV. Area of Concentration/Elective Requirements 23
Recommended Courses:
HWP 240 Contemporary Health Issues.....3
HWP 260 Sport and Exercise Nutrition.....3
HWP 299 Special Topics.....1-3
PED 128 Introduction to Recreation 3
PED 149 Leisure Sports and Activities.....2
PED 220 Physical Education in the Elementary School.....3
PED 221 Introduction to Physical Education.....3
PED 228 First Aid/CPR 2
PED 242 Philosophy of Coaching.....3
PED 243 Theory and Practice of Fitness 2

For more information on recommended courses or program specific advising, contact faculty member Frank Ardito or the Biological and Health Sciences Division at (847) 543-2042.

RECOMMENDED COURSE OF STUDY

Courses listed are **recommended** for students who have not decided upon a specific four-year college or university in which to transfer. Students are **strongly encouraged** to meet with a Student Development Counselor or advisor to identify coursework that will meet both CLC and transfer requirements. ^ See page 54 for College Requirements / ⊗ A grade of C or better is required for all English course requirements.
* See pages 58-59 for Course Selections.

Recreation

Associate in Arts
Plan 13AB
Biological and Health Sciences Division, Room B213, (847) 543-2042

I. College Requirements^

II. General Education Requirements 37

A. Communication Arts.....9
CMM 121 Fundamentals of Speech.....3
⊗ ENG 121 English Composition I 3
⊗ ENG 122 English Composition II ***or***
⊗ ENG 126 Advanced Composition: Scientific and Technical Communications 3

B. Social Sciences 9
Recommended Course:
PSY 121 Introduction to Psychology.....3
Social Science Electives* 6

C. Physical and Life Sciences.....7
Physical or Life Science Elective with Lab 4
Physical or Life Science Elective without Lab* 3

D. Mathematics 3
MTH 140 Contemporary Mathematics ***or***
MTH 141 Quantitative Literacy ***or***
MTH 142 General Education Statistics 3

E. Humanities and Fine Arts 9
Humanities Elective* 3
Fine Arts Elective* 3
Humanities or Fine Arts Elective* 3

III. International/Multicultural Requirement (I/M)
Select one course from the I/M list on page 55. This course can fulfill both the I/M requirement and a Social Science, Humanities, Fine Arts or Elective requirement. A B.A. degree at many four-year colleges may require college-level foreign language.

IV. Area of Concentration/Elective Requirements 23
Recommended Courses:
HWP 240 Contemporary Health Issues.....3
HWP 299 Special Topics.....1-3
PED 128 Introduction to Recreation 3
PED 149 Leisure Sports and Activities.....2
PED 129 Fundamentals of Youth Programming 4
PED 228 First Aid/CPR 3
PED 229 Experience in the Out-Of-Doors 1
PED 242 Philosophy of Coaching.....3
PED 248 Fieldwork in Recreation 4

For more information or program specific advising, contact the department chair, Joana Pabedinskias at (847) 543-2029 or the Biological and Health Sciences Division at (847) 543-2042.

RECOMMENDED COURSE OF STUDY

Courses listed are **recommended** for students who have not decided upon a specific four-year college or university in which to transfer. Students are **strongly encouraged** to meet with a Student Development Counselor or advisor to identify coursework that will meet both CLC and transfer requirements. ^ See page 54 for College Requirements / ⊗ A grade of C or better is required for all English course requirements. / * See pages 58-59 for Course Selections.

Associate in Arts (13AB)

Students may obtain an Associate in Arts degree from the College of Lake County by successfully meeting college requirements and the course requirements outlined below.

The College of Lake County is a participant in the Illinois Articulation Initiative (IAI), a major statewide cooperative agreement that eases the transfer process of the completed Illinois General Education Core Curriculum among participating institutions.

Communication - 9 credit hours

A grade of C or better is required for both ENG courses.

- ☐ CMM 121 Fundamentals of Speech (3) **C2 900**
- ☐ ENG 121 English Composition I (3) **C1 900**
- ☐ ENG 122 English Composition II (3) **C1 901 R *or***
- ☐ ENG 126 Advanced Composition: Scientific and Technical Communications (3) **C1 901 R**

Social and Behavioral Science - 9 credit hours

Select courses from at least two different disciplines i.e. different prefixes.

- ☐ ANT 121+ Introduction to Anthropology (3) **S1 900N**
- ☐ ANT 221+ Cultural Anthropology (3) **S1 901N**
- ☐ ANT 222 Introduction to Physical Anthropology (3) **S1 902**
- ☐ ANT 224 Introduction to Archaeology (3) **S1 903**
- ☐ ANT 228+ Cross-Cultural Relationships (3) **S1 904D**
- ☐ ECO 221 Principles of Macroeconomics (3) **S3 901**
- ☐ ECO 222 Principles of Microeconomics (3) **S3 902**
- ☐ GEG 122 Cultural Geography (3) **S4 900N**
- ☐ GEG 123 World Regional Geography (3) **S4 900N**
- ☐ GXS 121+ Introduction to Gender Studies (3) **S9 900**
- ☐ GXS 229+ Sex, Gender, and Power (3) **S7 904D**
- ☐ HST 121 History of Western Civilization I (3) **S2 902**
- ☐ HST 122 History of Western Civilization II (3) **S2 903**
- ☐ HST 126+ History of Contemporary Non-Western Civilization (3) **S2 905N**
- ☐ HST 127+ History of Chinese Culture and Society (3) **S2 920N**
- ☐ HST 221 United States History to 1876 (3) **S2 900**
- ☐ HST 222 United States History 1876 to Present (3) **S2 901**
- ☐ HST 245+ History of Latin America to 1825 (3) **S2 920N**
- ☐ HST 246+ History of Latin America from 1825 (3) **S2 920N**
- ☐ PSC 121 American National Politics (3) **S5 900**
- ☐ PSC 122 State and Local Politics (3) **S5 902**
- ☐ PSC 221+ Comparative Political Systems (3) **S5 905**
- ☐ PSC 222+ International Relations (3) **S5 904N**
- ☐ PSY 121 Introduction to Psychology (3) **S6 900**
- ☐ PSY 220 Lifespan Development (3) **S6 902**
- ☐ PSY 222 Child Growth and Development (3) **S6 903**
- ☐ PSY 225 Social Psychology (3) **S8 900**
- ☐ PSY 226 Adolescent Psychology (3) **S6 904**
- ☐ SOC 121 Introduction to Sociology (3) **S7 900**
- ☐ SOC 222 Social Problems (3) **S7 901**
- ☐ SOC 224 Sociology of the Family (3) **S7 902**
- ☐ SOC 225+ Class, Race, and Gender (3) **S7 903D**
- ☐ SOC 229+ Sex, Gender, and Power (3) **S7 904D**

Physical and Life Sciences - 7 credit hours

One course must be selected from Physical Science and one course from Life Science. At least one course must be a laboratory science course (L).

Physical Science

- ☐ CHM 120L (LAB) Chemical Concepts (4) **P1 902L**
- ☐ CHM 121L (LAB) General Chemistry I (5) **P1 902L**
- ☐ CHM 140 Chemistry for a Changing World (3) **P1 903**
- ☐ CHM 142L (LAB) Chemistry for a Changing World (4) **P1 903L**
- ☐ ESC 120L (LAB) Earth Science (4) **P1 905L**
- ☐ ESC 121L (LAB) Physical Geology (4) **P1 907L**
- ☐ ESC 123 Introduction to Meteorology (3) **P1 905**
- ☐ ESC 124 Oceanography (3) **P1 905**
- ☐ ESC 125 Geology of National Parks (3) **P1 907**
- ☐ ESC 127L (LAB) Introduction to Meteorology (4) **P1 905L**
- ☐ ESC 128 Great Mysteries of the Earth (3) **P1 905**
- ☐ ESC 129 Severe and Hazardous Weather (3) **P1 905**
- ☐ ESC 140L (LAB) Introduction to Astronomy (4) **P1 906L**
- ☐ ESC 141 Introduction to Astronomy (3) **P1 906**
- ☐ ESC 224 Environmental Geology (3) **P1 908**
- ☐ GEG 120L (LAB) Physical Geography (4) **P1 909L**
- ☐ GEG 121 Physical Geography (3) **P1 909**
- ☐ PHY 120L (LAB) Practical Aspects of Physics (4) **P1 901L**
- ☐ PHY 121L (LAB) General Physics I (5) **P1 900L**
- ☐ PHY 123L (LAB) Physics for Science and Engineering I (5) **P2 900L**

Life Science

- ☐ BIO 120L (LAB) Environmental Biology (4) **L1 905L**
- ☐ BIO 123L (LAB) Principles of Biology (4) **L1 900L**
- ☐ BIO 127 Introduction to Evolution (3) **L1 907**
- ☐ BIO 140 Environmental Biology without Lab (3) **L1 905**
- ☐ BIO 141L (LAB) Concepts of Biology (4) **L1 900L**
- ☐ BIO 149 Genetics and Society (3) **L1 906**
- ☐ BIO 161L (LAB) General Biology I (4) **L1 910L**

Mathematics - 3 credit hours

- ☐ MTH 127 Finite Mathematics I (3) **M1 906**
- ☐ MTH 140 Contemporary Mathematics (3) **M1 904**
- ☐ MTH 141 Quantitative Literacy (3) **M1 901**
- ☐ MTH 142 General Education Statistics (3) **M1 902**
- ☐ MTH 145 Calculus and Analytic Geometry I (5) **M1 900-1**
- ☐ MTH 146 Calculus and Analytic Geometry II (4) **M1 900-2**
- ☐ MTH 221 Mathematics for Elementary Teaching II (3) **M1 903**
- ☐ MTH 222 Business Statistics (4) **M1 902**
- ☐ MTH 224 Calculus for Business and Social Science (4) **M1 900-B**
- ☐ MTH 244 Discrete Mathematics (3) **M1 905**
- ☐ MTH 246 Calculus and Analytic Geometry III (4) **M1 900-3**

Humanities and Fine Arts - 9 credit hours

At least one course must be selected from the Humanities section and one course from the Fine Arts section.

Humanities

- ☐ ARA 222+ Intermediate Modern Standard Arabic II (4) **H1 900**
- ☐ CHI 222+ Intermediate Chinese II (4) **H1 900**
- ☐ ENG 129+ Women in Literature (3) **H3 911D**

- ☐ ENG 223 Early American Literature (3) **H3 914**
- ☐ ENG 225 Survey of British Literature I (3) **H3 912**
- ☐ ENG 226 Survey of British Literature II (3) **H3 913**
- ☐ ENG 227 Introduction to Shakespeare (3) **H3 905**
- ☐ ENG 228+ World Literature (3) **H3 906**
- ☐ ENG 229 20th Century American Literature (3) **H3 915**
- ☐ ENG 241 Introduction to Poetry (3) **H3 903**
- ☐ ENG 243 Introduction to Fiction (3) **H3 901**
- ☐ ENG 244+ Mythology and Fairy Tales (3) **H9 901**
- ☐ ENG 246+ Latin American Writers (3) **H3 908N**
- ☐ ENG 247+ International Women Writers (3) **H3 911D**
- ☐ ENG 249 Children's Literature (3) **H3 918**
- ☐ FRN 222+ Intermediate French II (4) **H1 900**
- ☐ FRN 223 French Civilization I (3) **H1 900**
- ☐ FRN 224 French Civilization II (3) **H1 900**
- ☐ GER 222+ Intermediate German II (4) **H1 900**
- ☐ GER 224 German Civilization II (3) **H1 900**
- ☐ HUM 121+ Humanities: Ancient Times to the Middle Ages (3) **HF 902**
- ☐ HUM 122+ Humanities: Renaissance to the Present (3) **HF 903**
- ☐ HUM 127 Critical Thinking (3) **H4 906**
- ☐ HUM 128+ Introduction to Middle-Eastern Civilizations (3) **H2 903 N**
- ☐ HUM 129+ Introduction to East Asian Civilization (3) **HF 904 N**
- ☐ HUM 141+ World Humanities 20/21 Century (3) **HF 904 N**
- ☐ HUM 221+ American Decades (3) **HF 906D**
- ☐ HUM 226+ Women and the Arts (3) **HF 907D**
- ☐ ITL 222+ Intermediate Italian II (4) **H1 900**
- ☐ ITL 223 Italian Civilization I (3) **H1 900**
- ☐ JPN 222+ Intermediate Japanese II (4) **H1 900**
- ☐ LAT 121 Introduction to Latin-American Studies (3) **HF 906D**
- ☐ PHI 121 Introduction to Philosophy (3) **H4 900**
- ☐ PHI 122 Logic (3) **H4 906**
- ☐ PHI 123 Philosophy of Religion (3) **H4 905**
- ☐ PHI 125+ Introduction to Ethics (3) **H4 904**
- ☐ PHI 126+ World Religions (3) **H5 904N**
- ☐ PHI 128 Introduction to Social and Political Philosophy (3) **H4 907**
- ☐ PHI 221+ Asian Philosophy (3) **H4 903N**
- ☐ RUS 222+ Intermediate Russian II (4) **H1 900**
- ☐ SPA 222+ Intermediate Spanish II (4) **H1 900**
- ☐ SPA 223+ Spanish Civilization I (3) **H1 900**
- ☐ SPA 224+ Spanish Civilization II (3) **H1 900**

Fine Arts

- ☐ ART 121 Introduction to Art (3) **F2 900**
- ☐ ART 240+ History of Art I (3) **F2 901**
- ☐ ART 241+ History of Art II (3) **F2 902**
- ☐ ART 260 History of Photography (3) **F2 904**
- ☐ ART 261+ Non-Western Art History (3) **F2 903N**
- ☐ DNC 240+ The Art of Dance (3) **F1 906**
- ☐ HUM 121+ Humanities: Ancient Times to the Middle Ages (3) **HF 902**
- ☐ HUM 122+ Humanities: Renaissance to the Present (3) **HF 903**
- ☐ HUM 123 Introduction to Film (3) **F2 908**
- ☐ HUM 126+ Introduction to the Performing Arts (3) **F9 900**
- ☐ HUM 129+ Introduction to East Asian Civilization (3) **HF 904 N**
- ☐ HUM 140+ Introduction to International Film (3) **F2 909**
- ☐ HUM 141+ World Humanities 20/21 Century (3) **HF 904N**
- ☐ HUM 221+ American Decades (3) **HF 906D**
- ☐ HUM 222 Film and Society (3) **F2 908**
- ☐ HUM 226+ Women and the Arts (3) **HF 907D**
- ☐ MUS 124 Music Appreciation (3) **F1 900**
- ☐ MUS 224 Music Literature (3) **F1 902**
- ☐ THE 121 Introduction to Theatre I (3) **F1 907**
- ☐ THE 123+ Diversity in American Theatre (3) **F1 909D**

International/Multicultural Requirements

Include one course in International/Multicultural Education—Choose one course with a + following the course number OR one of the following: ASI 121, CMM 127, ECO 225, EDU 224, ENG 263, 264, GXS 221, 299, HST 128, LAT 121, PDS 123, PHI 128, 129, PSY 229, SSI 121. This course can fulfill both the I/M requirement and a Social Science, Humanities, Fine Arts, or Elective requirement. A B.A. degree at many four year colleges may require college level foreign language.

Area of Concentration/Elective Requirements- 23 credit hours

- Choose elective courses with a 1.1 (transfer course) PCS code that relate to your intended major. Students should choose electives only after consulting with an Advising Professional. The PCS code for each course is listed in the course descriptions starting on page 224 of this catalog. Up to six hours of courses with a 1.2 (career course) PCS code may be used as general electives in the degree. All 199 courses are exempt from this rule. Students should select these courses only after they have verified their transferability with their Advising Professional or the transfer institution. EDU 999 does not count toward this six-hour limit.
- Students may not receive credit towards degree for both CHM 140 and CHM 142, or both BIO 120 and BIO 140, or both ESC 123 and ESC 127.
- Students with credit for both MTH 122 and MTH 123 will not be given credit for MTH 144. Students may not receive credit towards degree for both (MTH 122 and MTH 144) or (MTH 123 and MTH 144).
- Please review lists of recommended courses for individual programs of study listed on pages 70-120 in this catalog.

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Total A.A. Degree Requirements - 60 credit hours

Other Graduation Requirements

- ☐ Cumulative CLC GPA of 2.00 or higher
- ☐ Completion of at least 15 credit hours at CLC
- ☐ **Petition to Graduate:** The Petition to Graduate form must be submitted to the Welcome and One-Stop Center to have your degree processed. It can be found online at **www.clcillinois.edu/petition**. Contact Admissions for more information at (847) 543-2061.