The Health and Wellness Coaching certificate program is designed to provide students with the knowledge, skills, and abilities required to serve as a health and wellness coach. Successful completion of the required coursework will assist students in obtaining entry-level employment. It will also enable students to utilize a coaching approach in other professional and personal capacities. Many healthcare employers find job candidates who are cross-trained in health and wellness coaching to be highly desirable. The certificate program is approved by the National Board for Health and Wellness Coaching (NBHWC). Graduates who meet other basic requirements are permitted to sit for the national board certification examination and may earn status as a National Board Certified Health and Wellness Coach (NBC-HWC). This board-level credential is offered through a partnership between the NBHWC and the National Board of Medical Examiners (NBME).

FIRST SEMESTER  10
HWP 240  Contemporary Health Issues  3
HWP 257  Health and Wellness Practicum I  1
KIN 242  Philosophy of Coaching  3
HWP 290  Principles of Wellness Coaching  3

SECOND SEMESTER  7
HWP 258  Health and Wellness Practicum II  1
CMM 128  Interviewing Practices  3
PSY 121  Introduction to Psychology  3

Total Hours for Certificate  17

The Health and Wellness Coaching Certificate Program and the A.A.S. in HWP Degree - Health and Wellness Coaching Specialization are Approved Programs by the National Board of Health and Wellness Coaches (NBHWC). As a result, graduates who have completed CLC’s Health and Wellness Coaching Certificate or degree and meet NBHWC’s other requirements are eligible to sit for the NBHWC national board certification exam (which launched in 2017). For more information about the NBHWC please visit www.nbhwc.org.

Additionally, the College of Lake County is proud to have the only community college Health and Wellness Degree in the U.S. to be awarded accreditation from the National Wellness Institute (NWI). This means that students who successfully complete the A.A.S. in Health and Wellness Promotion and have already earned a B.S./B.A. degree in any discipline are eligible to receive their Certified Wellness Practitioner (CWP) designation from NWI (fee applies).

TYPICAL JOBS
• In-person Health and Wellness Coach
• Telephonic Health and Wellness Coach
• Group Health and Wellness Coach

EMPLOYERS
• Self-Employment
• Health Care Organizations
• Hospitals and Clinics
• Health Insurance Companies
• Corporate Wellness Providers
• Integrative Health Care Organizations

GETTING STARTED
For steps on how to apply and register, visit www.clcillinois.edu/admission.

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