

www.clcillinois.edu/programs/mas

CERTIFICATE PROGRAM

**Biological and Health Sciences Division
Room B213 (847) 543-2042**

This certificate program prepares students to achieve entry level competencies as massage therapists in sports clinics, salons, spas, hospitals, private practice, nursing homes, hospices, wellness centers, and other health care and recreational settings.

Successful completion of 3 prerequisite courses plus two semesters (9 month program is 2 semesters; 12 month program is 2 semesters plus summer session) in the CLC massage therapy program prepares students to complete the federal licensing exam (MBLEx). Students are then eligible to apply for licensure in Illinois and most other states. All courses comprise the Massage Therapy Program: individual courses may not be taken.

Students who are selected for the program are required to undergo a health physical, a background check and a urine drug screen prior to beginning the program. The results of the background check and drug screen may result in the student losing their seat in the program. The costs are borne by the student.

An option to earn an A.A.S. in Health and Wellness Promotion is also available. Visit www.clcillinois.edu/programs/mas for more details about the program.

Students must maintain a minimum grade of "C" in all MAS courses to continue in and graduate from the program. In addition, students must maintain a CLC GPA of 2.0 or higher to graduate.

MASSAGE THERAPY (Certificate) Plan 21MS

PREREQUISITE COURSES		7
MAS 119	Introduction to Massage Therapy	1
BIO 111	Human Form and Function <i>or</i>	
BIO 244*	Anatomy & Physiology I <i>and</i>	
BIO 245*	Anatomy & Physiology II	4
KIN 228	First Aid/CPR	2
FIRST SEMESTER		14
MAS 110	Massage Structure and Functions I	2
MAS 112	Kinesiology and Palpation I	2
MAS 114	Massage: Communication and Business I	3
MAS 116	Clinical Skills and Special Populations	3
MAS 131	Massage Therapy I: Swedish	2
MAS 132	Massage Therapy II: Integrative	2
SECOND SEMESTER		12
MAS 210	Massage Structure and Function II	2
MAS 212	Kinesiology and Palpation II	2
MAS 214	Massage: Communication and Business II	3
MAS 233	Massage Therapy III: Rehabilitative	2
MAS 234	Massage Therapy IV: Advanced Techniques	2
MAS 235	Therapeutic Massage Clinic	1
Total Hours for Certificate		33

* These courses are preferred courses for students planning to transfer to a 4-year institution. Both BIO 244 and BIO 245 must be completed if using them in place of BIO 111.

The above sequence of classes is for the 9-month program. For the 12-month program, please visit the massage therapy webpage at www.clcillinois.edu/programs/mas. The 12-month program includes required summer courses.

TYPICAL JOBS

- Licensed Massage Therapist

SALARY AND JOB OUTLOOK

For important information about the educational debt, earnings, and completion rates of students who attended this program, please visit www.clcillinois.edu/gainfulemployment.

EMPLOYERS

- Wellness centers
- Sports clinics
- Salons
- Spas
- Private practice
- Health care settings
- Hospitals
- Nursing homes
- Hospice

Note: The courses associated with the Massage Therapy Program are typically offered at the Southlake (Vernon Hills) Campus.

Grayslake • Vernon Hills • Waukegan • Online

ACADEMIC PROGRAM ENTRANCE REQUIREMENTS

The following entrance requirements are required of all students:

- Attend a CLC Massage Therapy information session
- 18 years of age or older
- High school graduate or earned GED
- College Reading and Writing Readiness
- Must provide a CLC/Health Physical form completed by a professional healthcare provider
- Must pass a background check and urine drug screening.

NONACADEMIC PROGRAM ENTRANCE REQUIREMENTS

Because of the inherent requirements of the profession, the following minimum abilities or essential technical functions are expected of the student:

- Lifting, stretching, and standing over the course of one or two hours
- Use of a full range of motion of the joints, and the ability to perform fine motor movements with the hands
- Ability to perform repetitive tasks such as stooping, bending, twisting, reaching and occasionally kneeling and squatting
- Good physical health and the ability to safely give and receive massages without risk of physical injury; students should consult a doctor to determine whether giving or receiving massages might be harmful to their health in any way
- Ability to respond in an emotionally controlled, professional, and ethical manner at all times and in varied patient care and educational situations
- Major medical health insurance is recommended for the length of the program; student insurance information is available through the CLC Health Center
- Willingness to give massages to (and receive massages from) people of different ages, body types, genders, sexual orientations, and personalities
- Prospective students are strongly encouraged to receive at least one massage from a licensed massage therapist; they are also strongly encouraged to make an appointment at the CLC Student Massage Clinic (See www.clcillinois.edu/programs/mas for details.)

CONTACT INFO

Class and Clinic Location
Southlake Campus
1120 S. Milwaukee Avenue
Vernon Hills, IL 60061

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May 2020
Per 2020-21 catalog