January 21, 2011 Center for Personal Enrichment – Green Classes

Course No.	Course Title	Units	Course Description	When Offered:
Online Course	Going Green at Home	0 Units	Step into a green lifestyle! In this course, you'll discover simple, cost-effective ways to make your home green and keep your community healthy. From shopping and cooking to decorating and cleaning, you'll find hundreds of eco-friendly ideas you can put to work instantly.	Jan 19 Feb 16 Mar 16 Apr 20
CAVO 4-001	BEEKEEPING CLASS SERIES	0 Units	Obtain thorough training as a beekeeper by attending all three classes — at a hefty discount in tuition. See individual class descriptions below. Directions will be furnished a week before class.	Meets Saturday, February 26 (GLC), 9 a.m 5 p.m. Meets Saturday, March 5 (MCC), 9 a.m 2 p.m. Meets Saturdays, April 16-23 (MCC), 10 a.m12 p.m.
CAVO 3-001	BEEKEEPING 101	0 Units	The price of honey has tripled in two years. The demand to use bees for pollination is up. Keep bees as a sideline job, and it can eventually be a nice source of income. Maintain hives to assist the deteriorating ecosystem and help your garden or orchard. Learn about bee biology, modern beekeeping techniques, hive construction and means of acquiring bees. If you've never kept bees, this class is where to start.	Grayslake Campus Meets Saturday, February 26, 9 a.m5 p.m.
CAVO 2-001	BEEKEEPING HIVE	0 Units	Is this your year to start keeping bees? Roll up your sleeves and go home with a hive ready for bees. After discussion of standard Lang troth beehive construction, including history, hive options and techniques, you will assemble components of the hive. Bring recommended materials to class and leave with a complete "two-deep" hive. Materials and source list and directions to McHenry County College furnished prior to class.	McHenry County College Meets Saturday, March 5, 9 a.m2 p.m.
CAVO 1-001	BEEKEEPING FIELD STUDY	0 Units	Here's your opportunity to apply what you learned in Beekeeping 101. Learn practical hands-on instruction for installing, manipulating and inspecting colonies of bees. The class meets at the	McHenry County

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			Woodstock Bee Yard, so appropriate bee equipment is necessary. Spring is the time to start a bee colony, and this workshop walks you through it step by step on how to establish one correctly. Directions to the bee yard are provided prior to the first class.	College Meets Saturdays, April 16-April 23, 10 a.m12 p.m.
CGAR 24-001	GARDEN SERIES WORKSHOP	0 Units	Take all three gardening classes and save \$27! Learn how to eat healthy through gardening, how to attract wildlife to your flower garden and how to conserve water and energy through plant selection and placement during three Saturday classes. Classes described below.	Meets Saturdays, March 5-March 19, 9 a.m3 p.m.
CGAR 21-001	GARDENING FOR HEALTHY EATING	0 Units	Whether you are a novice or an experienced gardener, this workshop will show how to grow your own produce for an expanded variety of healthy, tasty food. Explore the tried and true techniques for starting seeds, transplanting, tending and harvesting. You'll learn the pros and cons of various cultivars, especially heritage varieties, and learn about organic pest control and intercropping. You'll leave armed with knowledge on how to live healthier and have fun doing so.	Grayslake Campus Meets Saturday, March 5, 9 a.m3 p.m.
CGAR 22-001	GARDENING WITH NATIVE PLANTS	0 Units	Gain knowledge about the great palette of native plants in our region and learn about the philosophy of using ecosystems, such as prairies and woodlands, as structural models for design. The workshop will cover a range of sun and shade species that are hardy and durable additions to the home landscape. Native plants that are ideal for attracting birds and butterflies and providing habitat will also be highlighted.	Grayslake Campus Meets Saturday, March 12, 9 a.m3 p.m.
CGAR 23-001	GARDENING TO SAVE WATER/ ENERGY	0 Units	Discover the basic principles of "xeriscaping," from drought-tolerant plant selection to design strategies that minimize the need for water. The workshop will focus on plant design and placement to improve the energy efficiency of your home. Learn how simple it is to reduce your utility bills through the strategic placement of plants.	Grayslake Campus Meets Saturday, March 19, 9 a.m3 p.m.
CDIS 64-001	THE POWER OF COMMUNITY	0 Units	When the Soviet Union collapsed in 1990, the Cuban economy collapsed. With imports of oil cut by more than half and food by 80 percent, people were desperate. In the film "The Power of Community: How Cuba Survived Peak Oil," Cubans share how they transitioned from a highly mechanized industrial-agricultural system to one using organic methods of farming and local urban gardens. Cuba, the only country that	Grayslake Campus Meets Thursday, April 7, 1 p.m3

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			has faced such a crisis of massive reductions of fossil fuels, is an example of options and hope. Join Rory Klick for this documentary and discussion.	p.m.
CDIS 64-002	SUSTAINABLE EATING	0 Units	Author Michael Pollan urges us to eat a more plant based diet, fewer processed foods and foods that come from close to home. What does this mean? Is it better to invest in local produce or organic produce? What is the carbon footprint of a typical American dinner? Is it possible to eat a better diet for our health and also a healthier diet for the planet? Come and join this lively discussion and explore the concept of how the foods we consume affect our bodies and our environment. Healthy, sustainable snacks will be provided.	Grayslake Campus Meets Thursday, April 14, 1 p.m3 p.m
CDIS 64-004	DRIVING GREEN	0 Units	Thinking of going green with a new or used car? Confused about all the new choices? What is a hybrid? Are they all the same? How is a hybrid different from an electric or an extended range electric vehicle? Should I buy now or are there better ones coming soon? And the big questions: Are they really worth it and are they really all that green? Even if you just want to buy a "normal" car, you may want some tips on how to buy a car or have it repaired.	Meets Thursday, April 21, 1 p.m3 p.m.
CDIS 64-003	A CALL TO SUSTAINABLE LIVING	0 Units	The term "sustainable" is getting a lot of use these days, but what does it really mean? What daily choices do we make regarding our lifestyles that have surprisingly heavy environmental impacts? What minor changes could we make to live more lightly on the planet? This session will include a presentation and discussion about some of the strategies we can incorporate to create more sustainable households. Several readings will be shared in advance of class, and students are asked to bring a recent gas or an electric bill for illustration of how sustainable living choices also can help our bottom line.	Grayslake Campus Meets Thursday, April 28, 1 p.m3 p.m.
CDIS 64-005	SAVING ENERGY AT HOME	0 Units	There are many practical, economical measures people can take to make their homes more energy efficient. You may have thought you've done it all and will be surprised to know how you can still improve. Join CLC heating and air conditioning instructor Allan Lewandowski in his "laboratory" for a hands-on understanding of ways you can make your living space cheaper and more efficient.	Grayslake Campus Meets Thursday, May 5, 1 p.m2:30 p.m.