SQ3R – SURVEY / QUESTION / READ / RECITE / REVIEW

SQ3R is a basic reading strategy to help you learn and remember material.

- **SURVEY** – Skim through the reading, looking at clues in the text and graphics (headings, pictures, maps) to get a sense for what the reading is about. Pay close attention to the introduction and the first and last paragraphs
- **QUESTION** – Turn the chapter headings into questions. If you have trouble remembering your questions, write them down.
- **READ** – Using the questions you’ve formed, read to answer them. You may find yourself revising your questions based on your reading.
- **RECITE** – Retell the reading out loud, in your own words, to yourself or a classmate. You can do this silently, too, if necessary. When you recite, you are processing the info and making connections, helping you to focus on what’s important and remembering it.
- **REVIEW** – Using the questions you’ve formed, skim the reading again. Confirm your answers. If you have questions you cannot answer, find out why.

SQ3R isn’t just for reading textbooks. You can use it with images, web pages, and articles. This strategy will save you time and energy. Use the following worksheet to get started.
1) Survey the chapter. Answer the following questions:

What is the title of the chapter? _____________________________________________________

What are the main headings?

a. ____________________________________________________________________________
b. ____________________________________________________________________________
c. ____________________________________________________________________________
d. ____________________________________________________________________________
e. ____________________________________________________________________________

Describe in one sentence what you think the chapter will be about.

_____________________________________________________________________________

Question. List questions for each of the main headings and subheadings. Use who, what, when, where, why, and how in each question.

a. ____________________________________________________________________________

b. ____________________________________________________________________________
c. ____________________________________________________________________________
d. ____________________________________________________________________________
e. ____________________________________________________________________________

Read. Read one chapter of the text at a time. Think about what you’ve read. List any points that surprise you or that you do not understand.

a. ____________________________________________________________________________

b. ____________________________________________________________________________
c. ____________________________________________________________________________
d. ____________________________________________________________________________
e. ____________________________________________________________________________

Recite. Recite what you learned from the passage. Use memory techniques to help you remember. List what you think you need to remember here.

a. ____________________________________________________________________________

b. ____________________________________________________________________________
c. ____________________________________________________________________________

Review. Review the entire chapter. Were you able to answer the questions? If not, reread that passage. Then write the main points of the passage without looking at your text.

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