

EARTH WEEK ONE

SUSTAINABLE BINGO:



Reducing Plastics

How to play: Let's play bingo! Cross off each sustainable practice you do this week! If you cross off seven out of nine boxes, turn this sheet into CLC at the Lancer Zone Bookstore! Complete all four Bingo sheets to a win prize, including a reusable straw or bamboo utensils!

TAG 3 FRIENDS TO SHARE YOUR JOURNEY



Request no plastic utensils with takeout food



Tell / educate one person about the harms of plastics



Use a reusable or paper straw instead of plastic



Choose to reuse a plastic container



Use a reusable bag instead of plastic



Go without chewing gum (gum is made with synthetic rubber, aka plastic!)



Drink water out of a reusable bottle, not plastic



Buy fresh fruits and veggies instead of frozen (to reduce plastic packaging)



Buy something without a plastic container

Is Plastic Really that Bad?

Here are some interesting articles portraying just how harmful this commonly used recourse really is.

<https://www.washingtonpost.com/opinions/2021/03/23/camels-plastic-bags-pollution-dubai/>

<https://www.forbes.com/sites/grrlscientist/2018/04/23/five-ways-that-plastics-harm-the-environment-and-one-way-they-may-help/?sh=4b56867167a0>

Reuse and Reduce vs Recycle; What is Better?

Although recycling plastic might seem like a great solution, there are actually times that plastics are difficult to recycle, such as plastic forks or yogurt cups.

Some plastics need to be recycled separately, especially plastic bags, which can get caught in recycling machines and actually make it harder to recycle. Plastic bags should be brought back to the grocery store and recycled there.

Visit SWALCO for more information!

SWALCO Solid Waste Agency of Lake County:

<http://www.swalco.org/>



Extra Resources.

REDUCING PLASTICS

Plastic pollution is everywhere and ends up in our drinking water, oceans, and in the air we breathe. Reducing plastic use can simultaneously reduce the pollution caused by plastic!

Movies!

Who doesn't love a good movie?! Here is a link to a list of some great family movies that focuses on striving for a more sustainable future!

The Story of Plastic:

<https://www.storyofstuff.org/movies/plastic/>

Extra Videos:

https://green.harvard.edu/tools-resources/green-tip/best-films-inspire-sustainability_

